



WCMH 6TH BIENNIAL WORLD CONGRESS
ON MEN'S HEALTH & GENDER

2ND EUROPEAN
MEN'S HEALTH
CONFERENCE

WHY MEN DIE EARLIER AND SUFFER MORE

OCT. 9TH – 11TH 2009, VIENNA, AUSTRIA

A MULTIDISCIPLINARY APPROACH

FROM UROLOGY, ONCOLOGY,
CARDIOLOGY, ENDOCRINOLOGY,
OCCUPATIONAL MEDICINE TO
PSYCHIATRY AND BEYOND.

CONGRESS PRESIDENTS:

C. SCHULMAN (BELGIUM)

R. SHABSIGH (USA)

City of Vienna
Vienna is special.



INVITATION

INVITATION FROM THE CHAIRPERSONS

The upcoming World Congress on Men's Health and Gender Medicine is promising, for the first time, to be the **greatest opportunity for all those interested in men's health**. This history-making meeting will be the largest, most comprehensive meeting with the broadest international outreach. Its **multidisciplinary scope** offers the richest program, which includes many highly relevant therapeutic areas from cardiology, urology, endocrinology, oncology, psychiatry, occupational medicine and others. The opportunity is also well evident in its multidisciplinary international faculty, that includes **key opinion leaders in the various fields and therapeutic areas**. With over **1000 participants**, this **CME meeting** will be the greatest opportunity for exchange of science and experiences. The meeting proceedings will be delivered in **multiple media** and distributed broadly all over the world. Regardless of specialty and profession, no one interested in men's health can afford to miss this historical opportunity for the advancement of men's health. We are looking forward to the opportunity of collaborating with you and welcoming you in the wonderful city of Vienna.



CLAUDE SCHULMAN



RIDWAN SHABSIGH



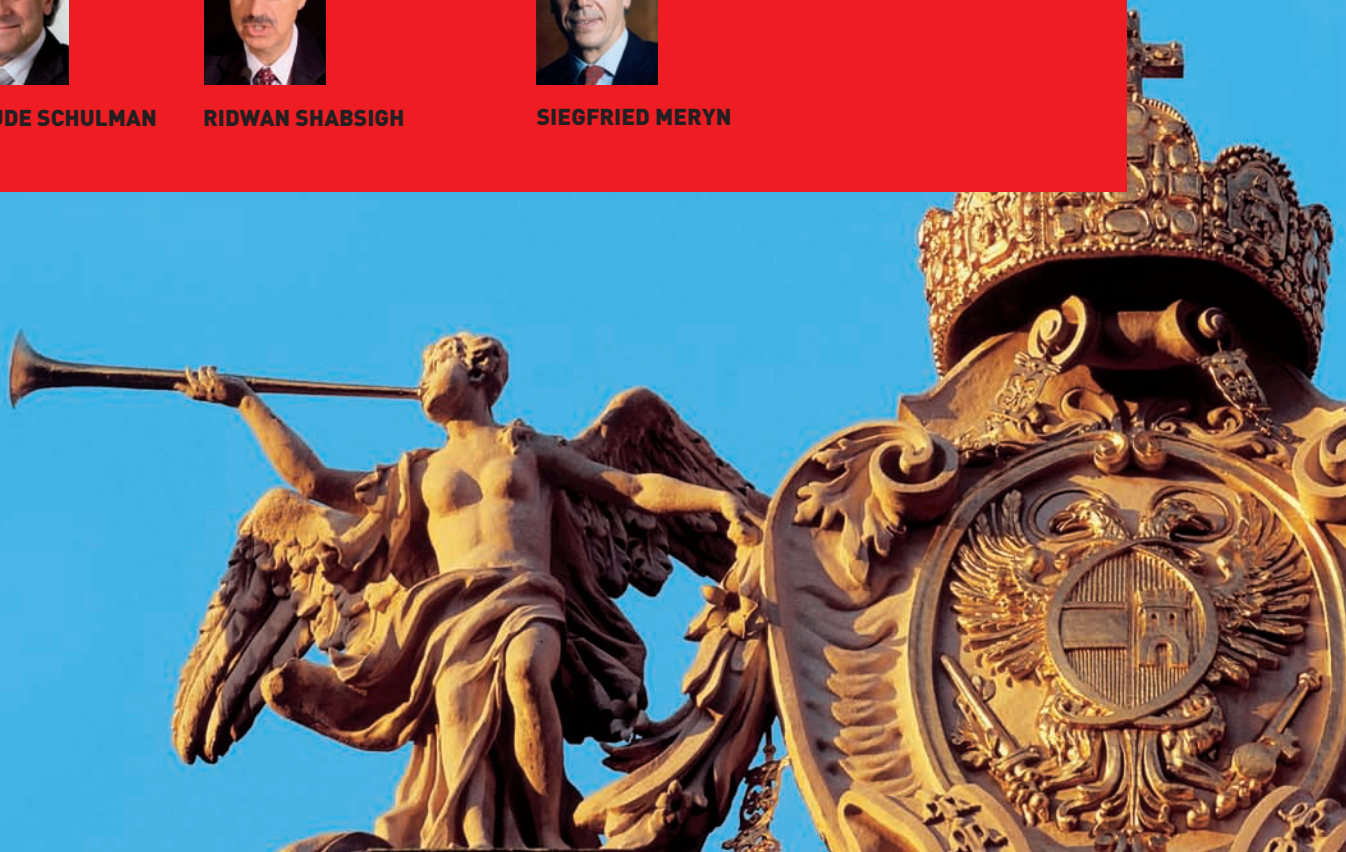
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INVITATION FROM THE PRESIDENT OF THE SOCIETY

The City of Vienna is highly delighted to be the venue of this meeting and even more are we pleased because this meeting marks the 10th anniversary of the Vienna Men's Health Report 1999, which was the first Men's Health Report in the world! Therefore the International Society of Men's Health has made the strategic decision to convene in 2009 the largest and most comprehensive meeting on men's health with the cooperation of several medical societies and institutes.

Advancing men's health of all ages and in all parts of the world and bringing people together in the cause of men's health is the commitment and mission of this meeting.

The leadership of the presidents of the meeting Professor Claude Schulman and Professor Ridwan Shabsigh brings the greatest international scope, the clearest vision and the broadest outreach to participants. I am counting on the unwavering resolve of all those interested in men's health to support this meeting.



SCIENTIFIC & ORGANISING COMMITTEE

S. ARVER, Sweden
I. BANKS, Ireland
C. BETTOCHI, Italy
S. BHASIN, USA
J. BUVAT, France
C. CARSON, USA
J. DEAN, England
R. DEBUSK, USA
B. DJAVAN, Belgium
D. DODSON, USA
I. EARDLEY, England
S. GLINA, Brazil

A. GUAY, USA
J. HEIDELBOUGH, USA
S. HORIE, Japan
G. JACKSON, England
A. JAD, Saudi Arabia
H. JONES, England
A. KAMALOV, Russia
R. KHAULI, Libanon
M. MAGGI, Italy
M. MARBERGER, Austria
S. MERYN, Austria
F. MONTORSI, Italy

AMS. MORALES, Spain
A. NEHRA, USA
M. PERELMAN, USA
A. ROBBINS, USA
R. ROSEN, USA
R. SADOVSKY, USA
D. SAMADI, USA
E. SAVOYE, England
C. SCHULMAN, Belgium
R. SHABSIGH, USA
M. SOTOMAYOR, Mexico
H. M. TAN, Malaysia

A. TRAISH, USA
H. TREADWELL, USA
A. VERTKIN, Russia
W. WEIDNER, Germany
E. WESPES, Belgium
A. WHITE, England
A. YASSIN, Germany
A. YOUNG, USA
M. ZITZMANN, Germany

PRELIMINARY LIST OF TOPICS

SCREENING , DIAGNOSES AND TREATMENT FOR ENDOCRINE DEFICIENCIES IN MEN

- Hormone therapy for men:
 - Testosterone
 - Growth hormone - A critical review
 - The role of DHEA
- New consensus and new guidelines on therapeutic strategies
- Future trends

THE AGING MALE

- An aging world: What to expect?
- The aging brain
- Mood disturbances and depression
- Suicide among men
- How to diagnose testosterone deficiencies in the aging male
- Late onset hypogonadism (LOH): Treatment options in the aging male

BPH-LUTS-OAB

- Management of BPH/LUTS
- When to treat the bladder, prostate or both?
- OAB: New individualised therapy options
- Stress- and post prostatectomy incontinence: New approach
- Living with BPH and LUTS: The patient's perspective
- Chronic prostatitis / chronic pain syndrome: current and devolving therapies

PROSTATE HEALTH, PROSTATE CANCER SCREENING & DIAGNOSES

- Prostate cancer risk assessment
- Prostate cancer risk reduction therapy – is the time right?
- Prostate cancer – new markers ready to be used?
- The role of prostate cancer in 2009
- Repeated biopsy: When applicable? Which patients?
- Breaking bad news: Psychological aspects in the meeting with prostate cancer patients
- Observation vs treatment of the most common gender-specific malignancy, prostate cancer

MEN & CANCER

The most important on-going clinical trials and publications and their practical relevance in lung-, colon-, kidney-, bladder-, prostate- and testicular cancer bone integrity in cancer disease

OBESITY, DIABETES AND METABOLIC SYNDROME IN MEN

- Metabolic syndrome – A new era: What to expect next
- Metabolic syndrome: epidemiology and underlying mechanisms
- Obesity: Another silent killer?
- Prevention strategies for obesity and diabetes around the world
- Management and clinical treatment of obesity, diabetes and metabolic syndrome in men

PRELIMINARY LIST OF TOPICS

OSTEOPOROSIS AND FRACTURE IN MEN

- Epidemiology, diagnosis and clinical aspects of osteoporosis in men
- The role of testosterone replacement therapy as a frontline option of fracture prevention
- Advances in therapy for fracture and osteoporosis prevention in men
- A multidisciplinary approach to osteoporosis management

SEXUAL HEALTH = MEN'S HEALTH

ERECTILE DYSFUNCTION

- Erectile dysfunction: The difficult patient/case: practical approaches
- Erectile dysfunction: Is there a best treatment?
- Erectile dysfunction: Daily dosing regimen: Pros & cons
- The ideal management of erectile dysfunction post-prostatectomy
- Sleep disorders & sexual dysfunction

EJACULATORY DISORDERS

- New treatment concepts and approaches in PE
- Interdisciplinary management of PE – A new way to go?

TESTOSTERONE

- Testosterone deficiency: Definition, diagnoses & clinical presentation
- How to measure and to interpret the hormonal status in men
- Testosterone and its role in sexual dysfunctions
- The role of the androgen receptor
- The ABC of testosterone treatment

CIRCUMCISION: THE CONTROVERSY REVISITED

MALE REPRODUCTIVE HEALTH

- What the GP & the busy urologist should know about male reproductive health
- History – taking from the infertile man

MENTAL HEALTH AND ADDICTION

- Drinking and drinking problems in Men
- Drugs and risk taking
- Substance dependence and treatment
- Nicotine challenges for public health

MEN'S HEALTH CLINIC

- How to establish a men's health clinic or program?
- Overview of men's health and wellbeing: A new concept
- Strategies to improve access and bring men into your practice

AN INTERNATIONAL PERSPECTIVE ON MEN'S HEALTH

- Epidemiology
- Men's health in the developing world
- Demographic aspects

- Economics
- Men's health in Europe, the USA, Asian

MEN AND THE WORKPLACE

- Coping with stress
- Non illness related premature death and disabilities in men
- Workplace injuries and safety

SECURING A BETTER FUTURE FOR BOYS AND MEN

- Health disparities in our communities
- Acknowledging poverty as a determinant of men's health
- Changes in the men's health movement around the world

COMPLEMENTARY APPROACHES IN THE MANAGEMENT OF MEN'S HEALTH

- Exercise and lifestyle
- Phytotherapy for BPH
- Dietary approaches
- New other therapeutic approaches

MEN'S HEALTH AND MASCULINITIES

- Why genes matter?
- Health / illness / masculinities: A practical perspective
- White Ribbon: Men and Violence
- Homosexuality from a social perspective

THE LINK BETWEEN HEALTH & GENDER: (GENDER MEDICINE)

- Why is gender medicine important?
- Science and gender
- Gender equality from the male perspective
- Achieving gender equality in the patient care – what needs to be done?
- The men's movement in Europe, Asia, USA, ...

ACADEMIC MEN'S HEALTH

- How to promote men's health in medical education at all levels, medical schools, residency program, fellowships, CME, etc?
- How to address men's health issues in public health/policy, e.g. government agencies, insurance, etc?
- What are the areas of immediate needs in research in men's health?
- Academic men's health, with a focus of not only providing services to men, but curriculum development and integration of teaching into medical school and residency/ a session on the development and implementation of primary care urology and men's health clinics in an academic institution

WORKSHOPS

CONGRESS ORGANISER

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WCMH
WORLD CONGRESS ON
MEN'S HEALTH



Martina Lillie,
Executive Director
ISMH

WWW.WCMH.INFO

In 2009 the 6th WCMH is held jointly with the 2nd EMHC in Vienna.
Future WCMH may be held elsewhere in the world jointly with other
regional men's health conferences.

VENUE: VIENNA CITY HALL

City of Vienna
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